



Your Rights and Responsibilities

Recreation, Sports and Aquatics Club (RSAC) wants to make sure that everyone enjoys their participation in RSAC activities in a safe and friendly manner.

To help make this happen, RSAC has a set of rules. These are:

Be a Good Sport

Treat all participants as you would like them to treat you.

- Co-operate with team-mates, coaches and other participants
- Control your temper
- Have respect for other people, no matter what their ability, gender or where they come from
- Do not say anything bad about other people or swear at them.

You Must Feel Safe

- When participating in any RSAC activity or event, training or sport
- When travelling to and from activities
- When you are with other participants, your coach, manager or helpers or RSAC staff.

No One Should

- Say anything bad to you or to anyone else
- Make fun of you, your ability, gender or where you come from
- Look at or touch you or anyone else in ways you/they don't like
- Say anything sexual to you that you don't like
- Pick on you or be unfair to you or anyone else.

If Someone Is Not Following These Rules

Then tell someone about it.

Tell:

- A parent or adult that you trust, or
- An RSAC coach, manager, volunteer or staff member, or
- RSAC Executive Officer Jenny Bombardieri ph. 9790 5001 email: rsaclub@bigpond.net.au
- RSAC President Bob Beer ph. 0409 651 242 email: bobbeer@optusnet.com.au
- People With Disability Australia (advocacy service) ph. 1800 656 463
- NSW Ombudsman ph. 9286 1000 and ask for the Human Services Branch's enquiry line

Everyone has the RIGHT to enjoy their participation and be SAFE