

Helping People with
Disability to Live their
Best Lives.



Holidays, Getaways & Camp Programs

WHEN	WHERE	DETAILS	EST COST
November Mon 2- Fri 13 2020 12 days	OVER 21's GOLD COAST HOLIDAY FLY/MINI BUS	Theme Parks, Currumbin, Surfers Paradise. Includes flights transport & support accommodation, most meals & entry fees	Over 21's Est. \$2500 Kids and Carers Est. \$3000 includes 1 participant and 1 support person free
November Mon 2- Fri 6 2020 5 Days	Kids & Carers Holiday		
2021 March	FIJI	Denaru Island Resort 7 days and 4 day Captain Cook Islands Cruise	Tba Expressions of interest for further details
2021 April /May USA	LOS ANGELES UNIVERSAL STUDIOS HOLLYWOOD DISNEYLAND LAS VEGAS GRAND CANYON	2-3 weeks FLY/COACHES	Expressions of interest sought, we shall work budget to your interests est. \$9000
2021 April/May	Alaska	2-3 Weeks Rail & Passage Cruise	Tba Expressions of interest for further details



CLUBROOMS

11 Greenfield Parade BANKSTOWN
(Opposite Bankstown Sports Club)
PO Box 120
Bankstown NSW 1885

Contact Jenny or Tina

Phone: 9790 5001 (Mon-Thurs)
E-mail: RSAClub@bigpond.net.au
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Supporting Lifestyle Choices of People with Disability



INCLUSIVE

HOLIDAYS, GETAWAYS & CAMPS



**Sport, Recreation and Social Opportunities for
People with Disability**



NDIS PROVIDER 40500 02718

RECREATION, SPORTS AND AQUATICS CLUB

Holiday, Getaways & Camp Programs

RSAC provides a range of holiday activities that meet the needs of various groups such as:

- Kids Camps
- Family Easter Camps
- Over 21's Holidays
- Carers Getaways
- Inclusive Camps
- Social Club Weekends

NDIS funded participants can usually use their funds for these programs, if they meet their goals.

Other options may be on offer from time to time. Holidays provide a unique way for participants to spend time with friends, experience other places, meet new people and try new activities.

These holidays also provide participants with opportunities to achieve personal goals such as;

- Personal development
- Social skills development
- Independent living, decision making and daily living skills
- Improving health and fitness
- Budgeting and money management

BOOK or REGISTER YOUR INTEREST EARLY

- All costings are based on 1:4 support ratio
- Higher level support available – contact RSAC for costing
- A deposit is required to confirm your place on all activities
- NDIS funds can be used to cover some costs if they meet goals in your plan – ask for these funds when you have a review
- Individual travel support available – call Jenny to discuss
- Have an idea where you would like to go, tell us we will see if there are others who also want to go there.
- Travel insurance is based on no pre-existing. If you require pre-existing cover any difference will be at own expense.



Holidays, Getaways & Camp Programs 2020

WHEN	WHERE	DETAILS	EST COST
January Tues 14	Day trip Mini bus KIAMA	Kiama & Blow hole, beach, fish and chips	\$100/\$150 includes 1 participant and 1 support person free
January Thursday 16 & Wednesday 22	Day trip Mini Bus WET & WILD	Wet and Wild Bring/buy own lunch	\$100/\$150 includes 1 participant and 1 support person free
January Tuesday 21	Day trip Mini Bus SYMBIO & STANWELL PARK	Symbio and Stanwell Park Swim/ Picnic	\$100/\$150 includes 1 participant and 1 support person free
January Thursday 23	Day trip Mini Bus JAMBEROO	Jamberoo Bring/buy own lunch	\$100/\$150 includes 1 participant and 1 support person free
April Thurs 9-13	FAMILY EASTER CAMP – GERROA	5 day inclusive family camp for all	\$750 PER PERSON. NDIS option available.
May 9-13	CARERS CRUISE SYDNEY-MORETON ISLAND-SYDNEY	4 night cruise – just for carers	Est. \$700 each twin share. Excursions, insurance & extras at own expense. Book early.
July Mon13-Thurs16	KIDS & CARERS CAMP PORT STEPHENS	Holiday park, beaches, farm, dolphin cruise, etc..	Kids must be accompanied \$2000 per participant, one support person included.
July Mon 20- Fri 31	OVER 21's HOLIDAY HERVEY BAY AND FRASER ISLAND	Fly to Hervey Bay 12 days	Est. \$2500 incl. transport accommodation main meals & tours
August 2-4	2 NIGHT CARNIVAL CRUISE SYDNEY SOCIAL CLUB & OVER 21'S	A fun way to try cruising and have fun with friends. No passport required	Est. \$650 Book now
September Mon 28 – Thurs 1 October	KIDS & CARERS CAMP WALLERAWANG	Jenolan Caves, Blue Mountains, Mudgee, Bathurst etc.. Motel accommodation 2-3 per unit	Kids must be accompanied \$2000 per participant, one support person included.