# Helping People with Disability to Live their Best Lives.



## Holidays, Getaways & Camp Programs 2021

JANUARY	FEBRUARY	MARCH 8-20	APRIL 1-5
DAY OUTINGS  Jamberoo  Wet & Wild  Kiama  Train Museum	WELCOME BACK PARTY Registrations & Bookings	FIJI Resort & Cruise Bookings Open	FAMILY EASTER CAMP
MAY	JUNE	JULY	AUGUST
USA- LOS ANGELES, UNIVERSAL STUDIOS, HOLLYWOOD, DISNEY- LAND, LAS VEGAS & GRAND CANYON 2-3 weeks, Fly Coach Bookings open We shall work budget to your interests est. \$9000	RSAC PRESENTATION NIGHT Registrations & Bookings	KIDS AND CARERS CAMP – SOUTH COAST Bookings Open	ALASKA 2-3 Weeks Rail & Passage Cruise
SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
KIDS AND CARERS CAMP - SOUTH COAST	KIDS AND CARERS CAMP – SUNSHINE COAST	OVER 21's ROAD TRIP— BROKEN HILL 12 days	RSAC CHRISTMAS PARTY

## Holidays, Getaways & Camp Programs 2022

JANUARY	FEBRUARY	MARCH	APRIL 14-18
DAY OUTINGS  Jamberoo  Wet & Wild  Kiama  Train Museum	WELCOME BACK PARTY Registrations & Bookings	TASMANIA 12 days	FAMILY EASTER CAMP
MAY	JUNE	JULY	AUGUST
NEW GUINEA CRUISE 12 days	RSAC PRESENTATION NIGHT Registrations & Bookings	KIDS AND CARERS CAMP – PORT STEPHENS	SINGAPORE 12 days
SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
KIDS AND CARERS CAMP – JINDABYNE	KIDS AND CARERS HOLIDAY	OVER 21's ROAD TRIP— BROKEN HILL 12 days	RSAC CHRISTMAS PARTY

#### **CLUBROOMS**

11 Greenfield Parade BANKSTOWN (Opposite Bankstown Sports Club) PO Box 120 **Contact Jenny or Tina** 

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Web: www.disabledsportrsac.org.au

ABN: 59726089873

**Registered Charity CFRN: 10128** 

**Supporting Lifestyle Choices of People with Disability** 





## **HOLIDAYS, GETAWAYS & CAMPS**



Sport, Recreation and Social Opportunities for People with Disability

**NDIS PROVIDER 40500 02718** 

RECREATION, SPORTS AND AQUATICS CLUB

#### Holiday, Getaways & Camp Programs

RSAC provides a range of holiday activities that meet the needs of various groups such as:



- Kids Camps
- Family Easter Camps
- Over 21's Holidays
- Carers Getaways
- Inclusive Camps
- Social Club Weekends

NDIS funded participants can usually use their funds for these programs, if they meet their goals. Other options may be on offer from time to time.

Holidays provide a unique way for participants to spend time with friends, experience other places, meet new people and try new activities.

These holidays also provide participants with opportunities to achieve personal goals such as;

- Personal development
- Social skills development
- Independent living, decision making and daily living skills
- Improving health and fitness
- Budgeting and money management

#### **BOOK or REGISTER YOUR INTEREST EARLY**

- All costings are based on 1:4 support ratio
- Higher level support available contact RSAC for costing
- A deposit is required to confirm your place on all activities
- NDIS funds can be used to cover some costs if they meet goals in your plan – ask for these funds when you have a review
- Individual travel support available call Jenny to discuss
- Have an idea where you would like to go, tell us we will see if there are others who also want to go there.
- Travel insurance is based on no pre-existing. If you require pre-existing cover any difference will be at own expense.



#### Holidays, Getaways & Camp Programs 2020

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WHEN	WHERE	DETAILS	EST COST
January Tues 14	Day trip Mini bus KIAMA	Kiama & Blow hole, beach, fish and chips	\$100/\$150 includes participant & support person
January Wed 15	Day Trip Mini Bus NSW Rail Museum	Thirlmere Rail Museum & tour lunch included	\$100/\$150 includes participant & support person
January Thurs 16 (BOOKED OUT) & Wed 22	Day trip Mini Bus WET & WILD	Wet and Wild Bring/buy own lunch	\$100/\$150 includes participant & support person
January Tues 21	Day trip Mini Bus SYMBIO & STANWELL PARK	Symbio and Stanwell Park Swim/ Picnic	\$100/\$150 includes participant & support person
January Thurs 23	Day trip Mini Bus JAMBEROO	Jamberoo Bring/buy own lunch	\$100/\$150 includes participant & support person
February Sat 15	Welcome Back Pizza & Pasta Party	Bookings & Registration	\$35 includes dinner Mount Lewis Bowling Club
April Thurs 9-13	FAMILY EASTER CAMP – GERROA	5 day inclusive family camp for all	\$750 PER PERSON. NDIS option available.
May 9-13	CARERS CRUISE SYDNEY-MORETON ISLAND-SYDNEY	4 night cruise – just for carers Book early.	Est. \$700 each twin share. Excursions, insurance & extras at own expense.
July Mon13-Thurs16	KIDS & CARERS CAMP PORT STEPHENS	Holiday park, beaches, farm, dolphin cruise, etc	Kids must be accompanied \$2000 includes participant & support person
July Mon 20- Fri 31	OVER 21's HOLIDAY HERVEY BAY AND FRASER ISLAND	Fly to Hervey Bay 12 days	Est. \$4000 incl. transport accommodation main meals & tours
August 2-4	2 NIGHT CARNIVAL CRUISE SYDNEY SOCIAL CLUB & OVER 21'S	A fun way to try cruising and have fun with friends.	Est. \$650 Book now No passport required
September Mon 28 – Thurs 1 October	KIDS & CARERS CAMP WALLERAWANG	Jenolan Caves, Blue Mountains, Mudgee, Bathurst etc Motel accommodation 2-3 per unit	Kids must be accompanied \$2000 includes participant & support person
October Sat 24– Sun 30	Kids & Carers Holiday	Theme Parks, Currumbin, Surfers Paradise.	Kids and Carers Est. \$4200 includes participant & support person
November Mon 2- Fri 13 2020 12 days	OVER 21'S GOLD COAST HOLIDAY FLY/MINI BUS	Includes flights transport & support accommodation, most meals & entry fees	Over 21's Est. \$3100