

# RECREATION SPORTS AND AQUATICS CLUB

## Annual Report 2019



LET RSAC HELP YOU REACH YOUR GOALS

NDIS Registered Provider  
Number: 4050 002718



## RSAC MISSION

***To be a leading-edge provider of services promoting quality of life and inclusion to people with disabilities, their carers and families.***

## RSAC VISION

***To provide a range of quality, financially sustainable lifestyle services to people with disability, their carers and families that include:***

- **Sports**
- **Social and Recreational Pursuits**
- **Vacation & Out of School Hour Activities**
- **Support**
- **Educational and Personal Development**
- **Any other programs that may be developed over the life of the Strategic Plan.**

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*NDIS Provider Number:* **4050 002718**

*Website:* **[www.disabledsportsac.org.au](http://www.disabledsportsac.org.au)**

*Follow us on Facebook:* **<http://facebook.com/Recreation-Sports-and-Aquatics-Club>**

*SUPPORT RSAC: Fundraise or donate to RSAC 24 hours a day through our Charity*

*Cause Page:* **<http://www.gofundraise.com.au/beneficiary/RSAC>**



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# WHO IS RSAC

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***RSAC is a “for life” organisation where people can move from activity to activity as their interests and circumstances change. Many people have been members for over 25-30 years, including participants, volunteers and family members.***

RSAC is overseen by a BOARD of MANAGEMENT that is made up of a President and board members that include participant representatives, family members and external members.

## **BACKGROUND**

RSAC is a community based not-for-profit organisation whose lifestyle programs provide recreational, social and sporting activities for people with disability in the local community. It is a registered charity that has served the community for over 30 years. Over 500 people of all ages with disability participate in RSAC programs on a regular basis. Up to 1,000 people with disability will be involved in an RSAC program during a year, with over 8,000 attendances recorded last year.

Many of our members are financially disadvantaged with low incomes and limited resources. RSAC receives no regular funding so most of the financial needs are met by participant contribution, NDIS fees, fundraising and one off grants. Most RSAC services and activities are conducted by volunteers including parents, family members, carers and community supporters.

## **PATRONS**

RSAC is honoured to have distinguished community representatives as patrons who support RSAC activities and ventures.

## **STAFF**

The day-to-day management of RSAC is undertaken by its Executive Officer, Program and Projects Coordinator and part time administrative officer.

## **COACHES**

Coaches may be staff, external contractors or volunteers, dependent on needs and requirements. All work with the same aim to provide excellent services to their program participants.

## **VOLUNTEERS**

Most RSAC activities from coaching, team management, office assistance, fundraising BBQ's to holidays and program support almost entirely rely on volunteers. Around 80 volunteers make up the workforce including parents, carers, siblings, community members and supporters from various backgrounds. Some have volunteered for over 30 years and most have a weekly activity they support. More volunteers are always needed and welcome. RSAC's diversity of activities relies on volunteer support.

## PROGRAMS

RSAC provides a variety of programs to appeal to those who want a change from time to time or who wish to do more than one program regularly (many of our members do several programs every week). Members also enjoy social and recreational activities, getaways and travelling. We do not have any restrictions on the age of our members, but some programs meet the needs of specific age groups.

Each year we hold a Presentation Night where every member receives a certificate of participation and a medal and maybe even a trophy for various achievements during the year. You may be interested to find out more about our programs. Full details are available on our website. There are also some great photos on Facebook.

## AIMS

RSAC designs its programs to meet the needs of people living with disability. The outcomes we aim to achieve through our programs include:

- enhanced social interaction and social skills,
- meeting people with similar interests,
- improved communication skills including active listening skills,
- learning to follow instructions and acquiring skills through coaching,
- learning to work as part of a team and supporting team-mates on and off the field,
- developing an understanding of empathy for others,
- meeting people outside of normal circle of influence,
- opportunity to “do your own thing” away from family and usual environment,
- building and maintaining friendships and having fun,
- improved self-confidence and self-esteem,
- improved fitness though exercise, improved hand/eye coordination,
- community and family interaction,
- developed support and networks for carers.

## NDIS

RSAC is registered as a Provider to support participation by members. The state-based registration has now been replaced by a national system under the NDIS Quality and Safeguards Commission. Requirements include regular audits and reporting rules and are required to:

- comply with the NDIS Practice Standards
- comply with the NDIS Code of Conduct and support their workers to meet its requirements
- have an in-house complaints management system and notify the NDIS Commission of reportable incidents
- ensure all workers are screened through a NEW national worker screening process.

# PRESIDENT'S REPORT

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Well, another year has passed and once again RSAC can be proud of its many achievements and successes. Notably, on Australia Day our Executive Officer (and founder) Jenny Bombardieri was awarded an Order of Australia Medal (OAM) in recognition of her many years of service to people with disability. Also on Australia Day, RSAC was awarded Canterbury Bankstown City Council Organisation of the Year, which is a wonderful recognition of the hard work and commitment of our staff and numerous volunteers over the past years. We were also a Finalist in Canterbury Bankstown Local Business Awards in a very strong and diverse field.

On the sporting front, in March two of our participant members (Hannah Sandeman and Beau Lawson) won Gold Medals in Basketball at the World Special Olympics Games in Abu Dhabi. What an outstanding personal achievement for them both and an amazing life experience. Congratulations to them both and all their supporters who made it possible.

This year RSAC has continued to grow both in participation numbers and in programs offered, with more to come (EO Jenny can tell you more about this). Thank you to our office staff Jenny Bombardieri and Melody Earl, and our newest staffer Tina Acosta, who has spent many-an-evening or weekend visiting our programs getting to know the participants and supporters and to see them in action. Also many thanks to the volunteers who have helped out in the office, in particular Paul Pearson (VP) and Leon Sugrim (Treasurer) who spend so much time there, and all those who run or assist at our programs. Remember that most of our programs are coached/managed/run by volunteers and it would not be possible to provide the programs for your participant members without their dedication and commitment. Anything you can do to help them would be very much appreciated.

There are still many opportunities out there for RSAC to build on and to develop synergies with other like-minded organisations. We will continue to grow as we meet the needs of the community and as those with special needs and other service providers become more aware of RSAC and the services it delivers. Our recent member/participant survey indicated that it is desirable to expand RSAC's area of influence beyond the current south/south-west Sydney region and to cover all of greater Sydney.

There are plenty of RSAC program and function flyers in the office and I carry a few with me so that I can hand them out to anyone who I think might benefit from our programs. I encourage you to do the same. Many businesses are quite willing to promote our events such as the upcoming "Wizard World" play to be presented by our performing arts participants, our trivia nights and discos. Wherever you go, tell people about your experiences with RSAC and what you like about it – put it on your Facebook or other social media. You never know who might see something they like and decide to join up and participate! We hear all the time about people who are looking for

activity programs like ours but don't know where to find them or about RSAC – let's make sure we raise RSAC's profile in the community so that everyone who needs our programs or anyone who can volunteer is made aware of our unique organisation, its family orientated environment and the outstanding benefits attainable for all involved.

RSAC has received much valued financial support from Canterbury Bankstown Council, Bankstown District Sports Club, Club Mount Lewis, Club Rivers and many other clubs, businesses and individuals. Many of our programs such as our much appreciated family/carer/participant get-aways would not be possible without such support. Our kitchen used for our very popular cooking classes (and booked out) has been transformed through the contributions of Jason Clare MP and the Sports Club. Thank you to all involved for your interest and welcome support for these programs.

It is with some regret that I advise you all that I will be retiring from the Board and my role as President at this year's AGM due to personal and health reasons. It is over 40 years since I first became Vice President of ACLD (Association for Children with Learning Difficulties) at Peakhurst where Matthew started pre-school (he's 44 now!!) and I have continued my involvement with various community services since then. There are still many things that I would like to have seen achieved by RSAC over my past 20 plus years involvement with the club, however I like to feel that RSAC has made some giant strides forward in that time. I will continue to contribute to RSAC on various issues if requested by the Board.

I would like to thank Jenny and the various staff over those years and of course, all of the dedicated volunteers who have supported me and the club along the way. The future is bright for RSAC and I hope that those volunteers and even more members will support your new President and Board on the journey forward. It is amazing what a difference a few hours here and there can make by helping out in the office or assisting at one of our programs. The future is in your hands, put them up and you can make a difference.

Best regards to you all,

Bob Beer  
President



# EXECUTIVE OFFICER'S REPORT

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To say this has been a busy year would be an understatement. With one additional staff member, we are trying to attain three times more workload.

The needs and wants of our community are changing and we are trying to keep pace with these changes. More to come in the next year.

Our major achievements this year have been:

- Attaining NDIS Quality and Safeguards Commission Certificate of Registration as a registered provider for:
  - Assist-Personal Activities
  - Development-Life Skills
  - Participate Community
  - Exercise Physiology and Personal Training
  - Group/Centre Activities

The expertise, efforts and assistance by Bronwen Elliott was critical in the smooth transition from state to national accreditation process and the financial support of Club Rivers.

- Reaching 200 participants utilising NDIS for their RSAC participation. This is a huge advantage to our members who can now attend and participate in more activities that support their needs, interests and lifestyle.

This has been a huge job for our part-time administration officer, Melody Earl and both Leon Sugrim and Lorelle Byers and trying to assist with her workload. Her dedication and efforts are much appreciated. At the moment she also occasionally has to man the office single handed as we are off on other business.

- Recruiting an awesome full-time staff to manage programs and projects of RSAC as well as supporting other activities of the organisation and running social activities in February 2019. Tina Acosta has proved to be a new valuable asset for the organisation and its future and we welcome her and thank her for her enthusiasm and the energy she brings.

A special thanks to Paul Pearson who has committed one – two – three days each week to supporting the administration of our holidays, outings and special events. He also is actively involved in running the camps and outings, driving the buses, giving us all cheeky feedback and ensuring everything runs as smooth as possible. Without his efforts we would be unable to commit to these additional programs – thanks so much. Also, thanks to our shop-a-holic and buddy Lorelle Byers who does our shopping for fundraising, cooking, camps and also helps out in the office, at camps and with the cooking program. Anyone else who would like to pitch in and help would be most welcome.

RSAC is fortunate to have a skilled and dedicated Treasurer who puts in a great deal of effort to ensure we are a financially stable organisation meeting all of our responsibilities. Leon Sugrim's support and expertise is greatly appreciated and he is a great team member of RSAC. Thank you Leon for always being available when needed.

This year also marks the end of another era as Bob Beer, who stepped in when John Gorrie was unable to continue, also retires from the board – but has promised to keep involved in special projects. We are all grateful for the energy and networking that Bob has undertaken that sees us much more strongly knitted into our local community, especially with the generous assistance of Wally Meghan. Bob’s tenure has certainly taken RSAC forward as a local entity and we appreciate both Bob and Sandra’s commitment to RSAC.

We can all look forward to working on and continuing the activities, projects and future of RSAC and invite you all to join us on the ride!

Regards

Jenny Bombardieri



# NDIS AUDIT REPORT 2019

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## **CERTIFICATION RECOMMENDATION FROM OUR NDIS AUDIT**

Recreation Sports and Aquatics Club Incorporated is recommended for full certification in all registration groups applied for.

## **EXECUTIVE SUMMARY**

Recreation Sports and Aquatics Club Incorporated is a small community-based organisation that has been providing sporting opportunities to participants since 1986.

The services include a range of activities for people living with disabilities in the south western Sydney region including basketball, swimming, tennis, cooking, dance and travel (camps).

The organisation is supported by the Bankstown Sports Club who own and maintain the current head office for the Recreation Sports and Aquatics Club Incorporated.

The organisation has a small and committed management team headed by an Executive Officer and operates with the support of volunteers.

There is a sound governance structure that includes the engagement and input from many participant's family and carers at all levels including board membership.

The responses from all discussions and interviews were overwhelmingly positive and reinforce the community value of the organisation.

All processes were appropriate to the size of the organisation and the complexity of supports offered.

## **GENERAL OVERVIEW**

Recreation Sports and Aquatics Club Incorporated is a well led service offering a vital service to a broad range of participants in both the NDIS and the broader community.

The services provided and the access to both sporting activities and social interaction provide an invaluable service to the NDIS participants and their families.

No non-conformities or opportunities for improvement were noted at audit.

## **STRENGTHS OF THE ORGANISATION'S SYSTEMS**

The management and staff of this service are to be praised for demonstrating their capacity to provide this broad range of services to large constituency over a significant period of time.

Systems and structure were found to be fit for purpose however, the greatest asset of the organisation is the commitment of staff and volunteers at all levels to offer meaningful services to the local community.

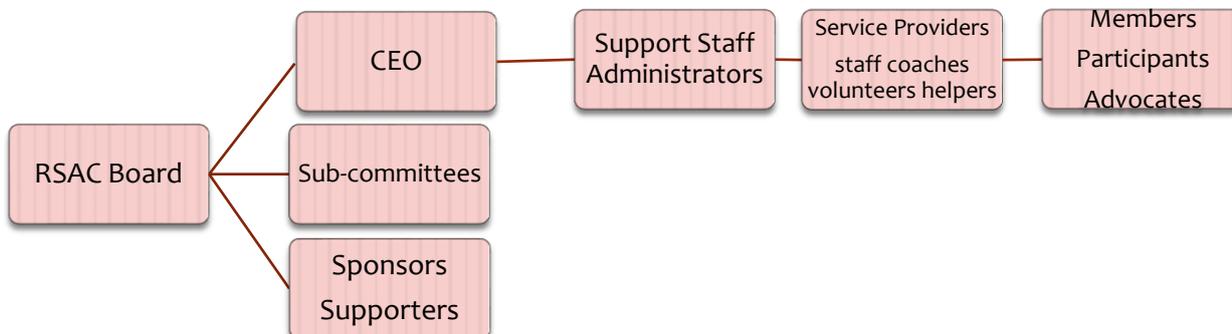
The overwhelmingly positive responses in participant interviews affirms the value that this organisation brings to participant's lives and the impact it has on its chosen constituency.

## **SAMPLING**

Sampling requirements were based on ISO/IEC 19011:2014, Guidelines for Auditing Management Systems and the NDIS Practice Standards 2018. Samples were stratified and included both horizontal and vertical auditing. Evidence was triangulated and included interviews, observations and a review of records and document

# STRUCTURE & MANAGEMENT

Recreation Sports and Aquatics Club Inc. is an Incorporated Association registered with the Australian Charities and Not-for-profits Commission (ACNC).



An elected Board of Management oversees the management of the organisation. It is aware of the crucial role of good governance and actively seeks suitable candidates to assist with its role.

The Board is responsible for ensuring good governance by monitoring the management of the organization, to ensure that it acts in a manner which reflects fiscal accountability and good practice. The board is responsible for establishing organisational priorities, approving policies, and providing oversight of their implementation.

Board members are expected to act ethically and responsibly, in response to the rights and wishes of stakeholders.

The management of the club is undertaken by:

## THE EXECUTIVE

Includes the President, Vice President, Secretary, and Treasurer with the Executive Officer ex-officio, which holds the legal responsibility for the management of the organisation.

## THE BOARD OF MANAGEMENT

Chaired by the President, consists of the Executive, Consumer Representative/s, and Ordinary Members which meet at least bi-monthly.

## SUB-COMMITTEES AND WORKING PARENTS

Subcommittees and working parents for specific purposes are established as required. All sub-committees are required to report to the board and undertake duties within parameters set by the board.

## THE SPORTS/PROGRAMS TEAM

Coordinated by the Program and Projects Coordinator, includes Head Coaches and Team Managers of Sports, program Coordinators and other regular program groups.

## **TARGET AUDIENCES**

- People with disability.
- Siblings, parents and carers of people with disability and their friends.
- RSAC is structured to meet the needs of people with an intellectual or associated disability, and/or physical, sensory or other disability, inclusive of those with mental health disorders, mostly between the ages of 4 and 70.

## **FAMILIES, CARERS AND FRIENDS**

RSAC acts as a support system for carers of people with disabilities providing activities, information and events for both people with disability, their families, carers and friends. Siblings are especially considered as part of RSAC.

## **VOLUNTEERS**

Like many community organisations, RSAC thrives on its volunteers. It relies on them entirely for the continuation of its events, activities and programs. More than 80 volunteers currently participate on a regular basis, providing sports coaching and support, special event management and support, administration and overall club management.

## **DONORS, SPONSORS AND FUNDING BODIES**

Being a non-profit charity, RSAC relies on outside contributions and support. Both targeted and non-targeted funds are essential for RSAC and a large number of its projects are directly funded through grants. RSAC is fortunate to have many loyal sponsors and supporters for which we are truly grateful.

## **NETWORKS**

RSAC has an established network of like-minded people and organisations with whom it interacts. These networks are vital in disseminating our message and information. They also keep us up to date and on track and ensure that we continue to meet the ongoing needs of our target group, without replication.

## **CONSULTATION**

RSAC is committed to extensive consultation with people with disabilities and their families and carers who use our services and our staff, volunteers and stakeholder organisations to ensure that RSAC is informed and knowledgeable in its service provision and support for people with disabilities.

## **COMMUNICATION: DISTRIBUTION AND COMMUNICATION**

Most members receive communications by email, distribution at programs or by post when no other option is viable. Facebook has become an important communication tool for RSAC and a great way to share photos from our special events.

# THE TEAM

## PATRONS

- John Murray OAM, President, Bankstown Sports Club
- Hon. David Coleman MP, Federal Member for Banks, Minister for Immigration, Citizenship and Multicultural Affairs
- Jason Clare MP, Federal Member for Blaxland
- Tania Mihailuk MP, State Member for Bankstown
- Kayee Griffin, Honorary Member

## HONORARY MEMBERS

- John Gorrie 2000 \*
- Maria Long 2000 \*
- Kayee Griffin 2017

## LIFE MEMBERS

- Jenny Bombardieri 1997
- Pat Reeve 1998 \*
- Robert Donovan 1999
- Gwen Bansgrove 2003
- Nigel Beattie 2006 \*
- Douglas Beattie 2009

\* deceased

## OFFICE BEARERS 2018/2019

**President**

Bob Beer

**Vice President**

Paul Pearson

**Secretary**

Vanessa Fone

**Treasurer**

Leon Sugrim

**General Members**

Susan Stojanoski

Elizabeth Ramsay

George Zakhia

Lee Boueri

**Participant Representatives**

John O'Leary

Amanda Sivier

## AUDITOR

Thomas McMurray



## WORKERS

**Worker as defined by NDIS Commission** “Persons employed or otherwise engaged by an NDIS provider. For example, people working in the disability support sector in either a paid or voluntary capacity...”

### PERMANENT STAFF

<b>Executive Officer &amp; Public Officer</b>	Jenny Bombardieri
<b>Administration Officer (part time)</b>	Melody Earl
<b>Programs &amp; Projects Coordinator</b>	Tina Acosta (From January 2019)

### CASUAL STAFF 2018-2019

Ellen Atkinson, Helen Huynh (from January 2019), David Wong, Bronwyn Sims, Demi Locke (to June 2019), Nicolette Serfozo (from May 2019), Elizabeth Ramsay

### EXTERNAL CONTRACTORS

Imagination Theatre, Indeep Tennis, Melina Bonfini.

### VOLUNTEERS

Michael & Anne Sparsis, Gina Walsh, Ian McGregor, Steve & Kayleen Chance, Maureen Magill, David & Matthew Clifton, Manjit Dhupar, Bruce & Garth Andrews, Ian & Sandra Russell, Chris Lee, Marilyn Ledger, Simon Brown, Luis Vigliante, Lucy Vettom, Jesse & Narelle Hanna Damien Brenchley, Susan & Chris Stojanoski, Sue Bantine,	Lorelle Byers, Steve Fullicks, Bob & Sandra Beer, Annie Ung, Karen Martin, Gayle Stone, Kate & Maz Demayo, John Sandeman, Bronwen Elliott, Paul Pearson, Lilian & George Smith Norina Fincato, Peter Sparsis, John Jones, Leon Sugrim, Bronwyn Sims, Anne Acosta, Melanie Supan,	Mariam Andaloro, Kerrie Bible, Susan Clayton, Robert Donovan, Vanessa Fone, Shriya Garreddy, Oliver Harris, Vivian Honan, Melody Hopping, Min Huang, Sahar Jahanbin, Jenny Lam, Siu Lam, Gillian Li. Robert Llewelyn Alanna Lim, Mary Sheppard Aimee Wasserman
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### OTHER MAGIC VOLUNTEERS

Of course, RSAC has many other volunteers not actively involved in regular programs but work hard at various fundraising events, family and one-off activities. Others volunteer items and efforts in other ways. All contribute to the vibrant RSAC landscape of helpers. **Magic?** Because they make things happen!



# SPONSORS AND SUPPORTERS

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The importance of support large and small that many organisations, clubs, councils and individuals both in cash and kind cannot be overstated. Of course, large grants are great and necessary for major initiatives and projects, the ongoing contributions of all sizes play a significant role in offsetting those expenses for which we have no revenue streams.

## OUR SUPPORTERS

<p><b>MAJOR SPONSOR</b></p> 		
<p><b>with generous provision of our clubrooms and office space which is utilized for:</b></p> <p>DANCE DRAMA PERFORMANCE WORKSHOPS KARATE COOKING AND MORE</p> <p>Administration, Meetings, Storage and lots more</p>		
<p><b>SUPER SUPPORTERS</b></p>		
<p><b>Mount Lewis Bowling Club</b> ClubGrant &amp; Venue</p>	<p><b>Club Rivers</b> ClubGrant, Venue</p>	<p><b>Revesby Workers Club</b> ClubGrants</p>
<p><b>Canterbury-Bankstown City Council</b> Community Grants &amp; Donations</p>	<p><b>Georges River Council</b> Community Grants, Venue &amp; Donations</p>	<p><b>Strathfield Super Bowl</b> Venue &amp; Donation</p>
<p><b>Just Sport</b></p>	<p><b>Mary's Famous Jams and Preserves:</b> Mary Sheppard</p>	<p><b>Department of Social Services</b> Volunteer Grant</p>
<p><b>Bunnings Bankstown Airport</b> BBQ Venue &amp; Donation</p>	<p><b>Riverwood Community Centre</b> Venue Basketball</p>	<p><b>Club Italia</b> Venue Provision Bocce</p>
<p><b>Peakhurst Public School</b> Venue Provision Kids/Young Adults Soccer</p>	<p><b>CLASSICAL WINES</b> Events &amp; Donations</p>	<p><b>Bluefit</b> Venue Provision Swimming Bexley &amp; Hurstville &amp; Kids Basketball</p>
<p><b>Bob Jane Tyres : Bankstown</b></p>		

## THANK YOU FOR CASH DONATIONS

Family & Community Services Australia	Bob and Sandra Beer	East Hills Car Show
Karen Ann	Vanessa Fone	Godwin LI
Western District Joggers & Harriers	Leon Sugrim	Liz Gorrie
Trilogy	George Zakhia	Steve Lee
Sarah Yousif	Alison Health	Geoff & Mary Sheppard
Simon Brown	Julie Bates	Michael and Anne Sparsis

## GRANTS 2018-2019

Without these grants many of the projects and activities of RSAC could not happen. Our appreciation is great and the outcomes genuinely reflect the value of the grants. Thank you:

Grant	Project
Stronger Communities Program	Cooking Equipment
NSW Department Sport and Recreation	Kids Tennis Program
Transurban	Bus Hire Costs
St Georges River Council	Family Easter Camp 2019
Mount Lewis Bowling Club	Snowy Mountains Road Trip 2019
The Golden Stave Foundation	
Riverwood Legion and Communities Club	NDIS est grant &



# FUNDRAISING

## FUNDRAISING ACTIVITIES

Event & Net Profit		Event & Net Profit	
Major Raffle	\$5,288.51	Bunnings BBQ's (4)	\$6,179.11
Trivia Night	\$1,330.64	Fundraising Disco	\$824.02
Blackmore Run	\$699.96	Charity Sports Lunch	\$9,500



## FUNDRAISING REPORT

Once again the fundraising results in 2019 have been quite pleasing. However, we need to continue to build on those efforts to achieve bigger and better outcomes to extend our range of programs and our area of influence.

Last year I took the opportunity to remind all our members/carers/participants/supporters how much RSAC depends on the fundraising activities run throughout the year such as, Trivia Night, Presentation Night, Bunnings sausage sizzles and our annual Christmas Fund Raising Raffle. So once again I would remind you all that continued effective fundraising is absolutely essential to enable RSAC to deliver its critical programs for you and yours.

The Charity Sports Lunch held at Club Mount Lewis this year was an enjoyable and successful event, raising almost \$9,500. Many thanks to the Board and Management of Club Mount Lewis for their strong support, to James and the catering crew, to Just Sport and many others for their donations of items for auction and raffles. Thanks to Joseph Alvaro, Jackson Aces and Tom Touma who kept the show on track and kept us entertained. A very special thanks to Hannah Sandeman who took us on a trip of a lifetime, with fun, hard work, achievements and the ultimate success of Olympic Gold. We laughed, we cried and we applauded a young lady of great character and personality. And of course, thank you to everyone who came along on the day to support RSAC. We look forward to an even bigger and better event next year.

Once again I would like to thank the '55, '56, '57 Chev Car Club for making us the beneficiary of their annual Camden Car Show. Not only is their support most appreciated, there were some beautiful and amazing cars on display.

Steve Fullicks has done a great job organising various fund raising events over the past year. Our Bunnings sausage sizzles always ran like clockwork and are a good easy source of funds. There will be a new Bunnings opening in Padstow soon, so there is a new opportunity for us to build on.

I invite and encourage all our members to join with Steve and all those other special dedicated volunteers who have been "sizzling" for the Club for many years. Can you put in a few hours from time to time to share the load as well as the benefits of RSAC's unique range of programs for the ones you love and care for? We want RSAC to run for another 30+ years – you can help make it happen.

As you know, whilst RSAC programs rely very much on the support of our volunteers, it is also essential that we continue to build up our stock of suitable prizes for future fundraising events. The Board would very much appreciate your help to do this wherever possible.

Remember that many people are willing to support organisations like RSAC if they get to know about us and your involvement. If you are not comfortable to approach people without a formal introduction, we can provide a Letter of Authority that you can use to introduce yourself and RSAC and to outline our aims and services and the purpose for the request.

Prizes suitable for future fundraising events include:

- gift vouchers (eg. hairdressers and beauty treatment, car tyre & wheels services, tradesmen services, garden & lawn services, movie passes, pharmacy)
- dinner vouchers (clubs, restaurants, cafes, fast food outlets)
- small appliances, tools or electronic goods
- kitchenware
- toys
- crafts and artwork
- bottles of wine or similar
- meat/seafood trays (by voucher of course)

You or your family and friends may have some suitable items at home that are unwanted/unused gifts. Additionally, many such items can be obtained simply by asking your regular day-to-day contacts such as:

- Your favourite café or restaurant
- Your pharmacy, hairdresser, physio or gym
- The chicken shop, pizza shop or bottle shop
- Your butcher or fish shop
- Your travel agent
- Your gardener or lawn mower
- Your motor mechanic/tyre man
- Any other shop in your local area
- Your employer or other business contacts

OR you could buy something suitable and donate it to RSAC!

Thanks very much,  
Bob Beer



# RSAC PROGRAMS & ACTIVITIES

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## HOLIDAYS – CAMPS – GETWAYS

Due to an increase of interest in disability inclusive holidays and outings, RSAC has developed and offered a range of options in order to meet specific needs. Other options may be on offer from time to time. NDIS funded participants can usually use their funds for these camps, if they meet their goals.

Holidays provide a unique way for participants to work towards achieving personal goals, while experiencing time with friends, experiencing other places, trying new activities and self-challenging pursuits and development and extend social networks.

Goals of personal development, social skills development, independent living, learning new skills, developing daily living skills, engaging with the community and improving health and fitness, budgeting and money management, decision making, cooperation with a group and capacity building form part of every holiday.

Travellers who require one to one support or have personal care needs, need to be accompanied by either their own support person or a paid support worker who can provide the additional care and support they require. All holidays are open for family members who may wish to attend.



Holidays usually fall into the following categories:

- **FAMILY GETAWAYS:** For families including a person with disability to share time and have a great inclusive holiday time.
- **CAMPS AND HOLIDAYS FOR ALL ABILITIES:** Group holidays that are more supported and inclusive for those less confident or requiring higher support and fun for all.
- **ROAD TRIPS:** A travelling holiday where participants get to experience lots of places, usually travelling by minibus.
- **OVERSEAS AND INTERSTATE HOLIDAYS:** For more experienced and independent travellers. Usually 2 weeks or more. Travellers are involved in selecting holidays and activities.
- **KIDS AND CARERS CAMPS:** From time to time these camps are run where funding and support is available.
- **CARERS GETAWAYS:** Sometimes the carers just want a chance to get away and share with others with similar experiences. RSAC acquires grants to run these at an affordable rate for carers and provides support and opportunities for networking.



### **2018-2019 HOLIDAYS:**

- 2018 October Over 21's New Zealand – Auckland & Cruise to Sydney
- 2019 January Day Outings- Jamberoo, Thirlmere Railway Museum and Wet N Wild
- 2019 May Mudgee Carers Adventure, 4 Days
- 2019 April Family Easter Camp
- 2019 July Over 21's Europe Holiday, 28 Days
- 2019 September/October Kids and Families Port Stephens Camp, 4 Days
- 2019 November Snowy Mountains and South Coast Road Trip, 12 Days

## SPORTS PROGRAMS

RSAC has been running sports programs for over 32 years.

Goals include:

- Providing meaningful active participation for people with disability
- Teaching and developing the skills of the activity to participants
- Seeking opportunities for performance or competition for those who are interested
- Providing a safe, appropriate environment for participation
- Development of social and cooperative skills of participants
- Having suitable venues, equipment, support and policies in place to ensure quality programs
- Being responsive to participants want and needs when developing and maintaining programs
- Building in flexibility to ensure ongoing programs continue to meet participants needs
- Recruiting appropriate support including volunteers, coaches and managers for every program
- Providing an environment that encourages fun, friendship and healthy participation by all.

Activities change from time to time to meet needs and wants of participants, available venues and coaches but usually include:

- **Basketball:** kids, development and seniors' groups run on a weekly basis. Competition opportunities available.
- **Bocce:** a monthly session runs with most attending a pre-match dinner.
- **Cricket:** two sessions a month run, with regular match opportunities offered.
- **Indoor Soccer:** a fun weekly session for teens and above.
- **Karate:** a weekly program developing fitness, flexibility and self-defense.
- **Swimming:** three venues and five classes to meet all needs on a weekly basis. A life skill for all.
- **Tenpin Bowling:** two venues, three sessions, very social, fun and on a weekly basis.
- **Tennis:** three groups for skill learning and game skills on a weekly basis. Competition opportunities.
- **Kids Motor Skills Program:** being developed for 2019-2020



## PERFORMANCE PROGRAMS

- **Dance:** the dance program works on music of participants' choice and learn routines that they perform at various events.
- **Drama:** a program that works on personal development, ability to think and express oneself and the skills of performance.
- **Hip Hop Dance:** a special dance group that is learning hip-hop style and working with music of the genre. They also perform at special events.
- **Performance Workshops:** a senior drama group that is working on specific performances that they will polish and perform at various events. Participants must apply for this group and attendance at drama classes is compulsory.
- **Drumming & Community Choir:** being developed for 2019-2020

## SOCIAL & PERSONAL DEVELOPMENT PROGRAMS



### Social Outing Groups

Regular outings are organised by these groups, with one support coordinator per outing. Participants must be over 18 and able to cooperate in a team environment.

Social, community engagement, money handling, travel skills, decision making and cooperation skills are built into these programs. Groups meet at a designated point and may be meet on return or travel home independently.

## INDEPENDENT LIVING SKILLS

### Cooking Classes:

Monthly cooking classes include planning, food preparation, healthy eating, decision-making, budgeting and hygiene. This group sometimes plans additional activities are such as outings to markets and food events.

The classes include planning, preparation, clean up, and eating together.

Usually recipes are available to take away so participants may try again at home.

Of course, many RSAC programs include elements of developing independence and living skills as part of their activities.

## RSAC REGULAR ACTIVITIES 2018

Activity	When	Where
BASKETBALL development	Tuesdays 5:30-7	Riverwood Community Centre
BASKETBALL senior	Tuesdays 7-8:30	Riverwood Community Centre
BASKETBALL junior	Wednesdays 6:30-7:30	Hurstville Stadium Penshurst
BOCCE	Fridays 7-8:30 monthly	Club Italia Lansvale
COOKING	Saturdays 9:30-12 monthly	RSAC Clubrooms Bankstown
CRICKET	Sundays 9-11 fortnightly	Bankstown Memorial Oval
DANCE	Tuesdays 5:30-7	RSAC Clubrooms Bankstown
DRAMA	Wednesdays 5-6:30	RSAC Clubrooms Bankstown
HIP HOP	Wednesdays 5:30-7	PJ Ferry Hall Allawah
INDOOR SOCCER	Sundays 9:30-11	PCYC Bankstown
KARATE	Mondays 7-8:30	RSAC Clubrooms Bankstown
PERFORMANCE WORKSHOPS	Wednesdays 7-8:30	RSAC Clubrooms Bankstown
SOCCER	Saturdays 9:30-11	Peakhurst Public School back gate
SWIMMING BEXLEY learn to swim	Thursdays 6:30-7:30	Angelo Anestis Aquatic Centre
SWIMMING BEXLEY squad	Thursdays 7-8	Angelo Anestis Aquatic Centre
SWIMMING HURSTVILLE learn to swim	Wednesdays 6:30-7:30	Hurstville Aquatic Centre Penshurst
SWIMMING HURSTVILLE squad	Wednesdays 7:30-8:30	Hurstville Aquatic Centre Penshurst
SWIMMING ROSELANDS	Fridays 6:30-7:30	Roselands Aquatic Centre
SOCIAL FRIENDSHIP GROUP	Various Sat/Sunday monthly	Various meet at Hurstville
SOUTH WEST SOCIAL GROUP	Various Sat/Sunday monthly	Various meet Liverpool Campbelltown
TENNIS senior	Saturdays 9-10	John Mountford Reserve Beverly Hills
TENNIS development	Saturdays 10-11	John Mountford Reserve Beverly Hills
TENPIN BOWLING REVESBY	Mondays 5-7	Revesby Workers Club
TENPIN BOWLING SUPERBOWL	Wednesdays 5:30-7	Strathfield Superbowl
TENPIN BOWLING SUPERBOWL	Saturdays 11:30-1	Strathfield Superbowl



## RSAC PARTICIPATION STATISTICS 6 YEARS

Participant/Attendance	2018-2019				2018		2017		2016		2015		2014	
	Term 1 2019 Part #	Term 1 2019 Att#	Part 18-19	18-19 Total	Part 17-18	17-18 TOTAL	2017 Participants	Total Attendees	Part	Tot Att	Part	Total At	Part	Tot Att
BASKETBALL 5:30	25	204	29	735	27	539	28	426	22	522	20	426	14	331
BASKETBALL 7pm	15	110	18	445	17	417	17	379	16	369	19	462	17	532
BASKETBALL KIDS	21	131	29	564	23	415	18	380	15	323	13	333	15	412
BOCCE	10	30	12	97	14	67	11	85	11	86	9	56	8	82
CARPET BOWLS	0	0	0	0	0	0	0	0	3	43				
CRICKET	19	69	23	297	27	208	25	266	13	133	11	76		
DANCE Tuesday	8	63	12	238	13	153	14	175	17	176	22	253	23	391
FDANCE Friday	0	0	0	0			0	0	14	97				
DANCE PARTY/DISCOS	30	60	60	160	120	200	120	200	112	231	40	220	60	300
DRAMA	15	145	16	566	17	496	20	490	15	484	14	385	15	417
DRAMA WORKSHOP	6	61	6	165										
HIP HOP	6	52	8	204	3	12								
HOLIDAYS	50	50	110	110										
INDOOR SOCCER	11	75	12	217	12	210	10	191	10	216	13	207	11	263
KARATE	13	90	21	280	16	60								
SOCCER	6	18	13	110	11	123	15	178	17	237	14	180	17	258
SWIMMING Monday Squad	0	0	0	0			3	74	3	97	5	103	5	115
SWIMMING Friday	11	56	26	293	25	246	26	400	29	432	24	395	26	400
SWIMMING Weds 6:30	6	39	12	97	15	100	11	167	10	170	8	130	13	202
SWIMMING Weds 7:30	7	59	7	163	7	88	5	109	6	127	6	109	9	218
SWIMMING BEXLEY 6:30	9	57	14	206	15	72								
SWIMMING Bexley 7pm	8	54	11	150	10	103								
TENNIS 9am	10	55	12	265	10	246	10	182	8	181	8	170	9	179
TENNIS 10am	9	52	13	263	17	186	10	183	6	168	7	175	7	150
TENPIN Revesby Mon AM	0	0	0	0			28	100	22	79				
TENPIN Revesby Mon PM	36	371	44	1283	37	1023	29	925	26	699				
TENPIN Strathfield Weds	7	61	8	233	9	283	16	362	26	423	27	576	24	698
TENPIN Strathfield Sat	23	162	27	707	23	596	26	607	22	632	24	592	25	660
OUTREACH	30	30	30	30	40	80	40	80	20	60			32	200
COOKING/SAT SOCIAL	19	42	24	151	39	153	32	181	32	157				
NETWORKERS	0	0	0	0			7	30	11	60	12	60	10	50
FRIENDSHIP GROUP	18	18	30	114	27	123	33	119	25	130	26	120	25	100
SOUTH WEST SOCIAL	15	30	20	95	25	150	27	178	32	178	27	120	25	117
<b>TOTALS</b>	<b>443</b>	<b>2244</b>	<b>647</b>	<b>8238</b>	<b>599</b>	<b>6349</b>	<b>581</b>	<b>6467</b>	<b>543</b>	<b>6510</b>	<b>349</b>	<b>5148</b>	<b>434</b>	<b>6287</b>

# ANNUAL REPORTS 2018-2019

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## BOCCE

We are a group of 12 and we meet once a month at Mounties (Club Italia) Lansvale to share a meal and play bocce.

Everyone enjoys getting together and we have lots of fun. It also provides an opportunity for the carers to get together as well.

There was one night of drama in September, just as we were sitting in the dining room waiting for dinner, the power went out. Luckily our food was cooked and we were able to 'dine by candlelight'. Unfortunately the game was abandoned as we had to evacuate the Club.

Thank you to the athletes who come for your dedication and good sportsmanship, to all carers for your support, thank you to all the staff at Mounties and a big thank you to Gino for preparing the bocce courts for us.

We would love to see you join us.  
Maureen Magill

## MONDAY TENPIN BOWLING

This year has seen an average of 30 players playing 37 games knocking over almost 3000 bowling pins each week.

The top score is an impressive 189, the top average is 128.4, but the most important aspect is players are generally improving & having lots of fun.

Supported by volunteers,  
Sandra Russell, Sue Clayton & Steve Fullicks



## SATURDAY TENPIN BOWLING

Another year has flown by, our bowling group still has 22 bowlers on the roll. We had three new bowlers come to try bowling but unfortunately, they have not come back or are not consistent. We now have 8 NDIS bowlers in our group.

The bowlers are looking forward to our annual Halloween bowling which will be held on Saturday, 26th October. They all look forward to dressing up and socializing with their friends, it is always a fun day.

I would like to thank Susanna and staff at the Strathfield Super bowl for all their help over the past year, nothing is too much trouble for them. I would also like to thank Kerrie for her continued help organising our guys and, also the parents who step in to help when needed.

Thankyou to all the bowlers for making this year another fun year, happy bowling for the rest of the year.

Marilyn Ledger

## DRAMA

During 2019 the drama class has worked on and presented a self-devised drama piece for the presentation night in July. The theme was water and the people of the sea. The students enjoyed the process of improvisation. Each class the students would improvise ideas that eventually became scripts.

After the presentation night the drama class began work on the play 'Wizard World' which will be the biggest production the class has been involved in. Each Wednesday we have been rehearsing the different scenes from the play while allowing the students creative input.

Over the year I run regular body and voice warm ups and drama games. The students have improved in this area throughout the year. Becoming more confident, as well as improving their speech and mobility.

I have included some photos from our class on Wednesday the 23rd of October. The students are blocking a scene for the 'Wizard World' play.

I have been running the drama class for the past three years and it has been a pleasure to get to know these very creative and talented people. The way the students support each other during the class is very inspiring. I am looking forward to our next production so we can share what we do in class with an audience.

Trisha Starrs  
Drama Teacher



## RSAC DRAMA COMPANY

In July 2018 RSAC Drama Company was started with 6 actors from RSAC Drama Class. The goal was to become a group that over the next couple of years creates a repertoire of shows that could be performed at festivals, local community centres and theatres and eventually an international theatre festival.

Drama Company created their first show – Café Paris, a twenty-five minute mimed comedy set in a little café in Paris and performed it in December 2018 for parents and friends. In 2019 it was featured at RSAC Annual presentation night and at Canterbury-Earlwood Caring Association. Drama Company has been invited to perform at Canterbury Bankstown Council Gala night in November this year.



Currently all Drama students including Drama Company are focussed on rehearsals for Wizard World, on December 7 at Bankstown Sports Club theatre. This will be our biggest production yet and we are so excited. Next year Drama Company will start working on a new self-devised show, ideas are already being discussed!

As director of Drama Company, I have had the privilege to work closely with 6 talented performers and watching them grow in confidence and creative expression. I look forward to seeing what we can create next year and seeing this this group perform on a regular basis.

Annerose de Jong

## HURSTVILLE SWIMMING- WEDNESDAY



Every Wednesday night in Hurstville Aquatic Centre. We have learned to swim and squad swimmers two groups. We have one volunteer with me teach learn to swim group at 6:30pm, junior squad group only by myself at 7:30pm. I am teaching this classes since 2007. Then some squad swimmers follow me more than 10 years from learn to swim group.

I would like to thank you our volunteer Aimee Wasserman for a wonderful job they do with the group since 2013. I'd also like to thank Jenny Chen for marking the rolls.

The team of RSAC Coaching is immensely proud of working with children or adults requiring attention due to any kind of physical or intellectual disability. We also take great pleasure in our knowledge that, through our highly-individualized, special needs children may reap the multiple physical and emotional benefits of swimming, as well as achieve many more things besides. Whether it enhances physical strength, boosts confidence or helps pick up some valuable life skills, we see swimming as an activity that can bring out the hero in children or adults of any ability.

Swimming has immense benefits for children and adults with special needs. A non-impact activity that helps you get fit without the risk of injury, it can build up physical strength, enhance social

interaction and grant any child or adult with a sense of empowerment. Committed to providing excellence in all areas of our coaching, we can help your child make the most of its benefits for the body and mind. Just ask any of our special needs learners how swimming has helped them become more confident both in the pool and on land.

We are Disability Trained and certified to teach people with physical or intellectual disabilities. By adapting to the learner's needs and physical or attitudinal difficulties, we deliver individualized that can be stimulating, fun and hugely rewarding. Through enduring patience, understanding and careful guidance, we help your child to improve their coordination, physical fitness and confidence, all with an activity as fun and relaxing as swimming. We are just as inspired by the image of your own swimming, smiling child as you are!

We are certified Teacher of Aquatics - Access and Inclusion and place every emphasis on making swimming a safe, pleasant experience - your child will be in the safest of hands! We are also fully committed to the cause of saving lives through the prevention of drowning and can coach both swimmers and parents how best to be vigilant and safety-conscious when in or near water. To acquire essential water safety skills and learn to recognize and eliminate water dangers, become a RSAC swimmer and join our water-loving, water-safe community!

David Wong

### **BEXLEY SWIMMING- THURSDAY**

The Bexley swimming group has grown strongly in popularity and now has over 10 swimmers each week. This has created a need to recruit more volunteer instructors, and I particularly thank Kate De Mayo for her excellent assistance with this.

Our dedicated volunteers are using new strategies to adapt lessons to different swimmer abilities from beginner to squad, while keeping the lessons fun and worthwhile. We work really well as a team to ensure the lessons run smoothly, and it's so pleasing to see the enthusiasm of both swimmers and volunteers each week. Swimmers are keen to improve their style, speed and confidence in the water.

Thank you to everyone who has helped out over the past 12 months: Damien Brenchley, John Jones, Narelle Hanna, Kerrie Bible, Reece Blackett, Hugo Lahra, Elizabeth Perano, Robbie Balutan, Gillian Li, Alanna Lim and Alexandra Tweedie. Thank you also to Sue Ng for helping with the rolls, along with BlueFit and Bayside Council for their support of the program.

We look forward to continuing to help swimmers reach their goals at our program.

Jesse Hanna  
Program Manager



## TENNIS

Tennis has had a number of new participants over the last year most increasing their community participation through NDIS plans. After two great years we said goodbye to our coach Arman Abdollahi and wish him all the best with his new job and travel plans. Many thanks again to David Deep from Indeeep Tennis who makes sure we have coaching staff each week. Tennis helps promote skills in social and community participation by providing a fun environment where participants make friends, learn to follow instructions and handle being challenged by something you have to practice. We have enjoyed two bbqs over this year, which have helped participants get to know each other better. Thanks to Rong Zhou, Kim Sims and Michael Cooper for their help with organising these. Thanks also to Vanessa Andrews, Tak, Michael Cooper and Sandra Beer for helping collect balls, and to Norina Fincato for collecting balls and keeping the roll in our absence. Participants Tim Andrews, Sophie Tan and Hannah Sandeman competed in Special Olympics competitions with Hannah and Tim winning gold in their singles divisions. We have also held several Sunday social tennis afternoons with more to come this year. It's exciting to see everyone develop their skills and enjoy our time together.

Bronwen Elliott



## SENIOR BASKETBALL

Our 7.15pm advanced group consists of up to 18 athletes of which the majority have played together for many years. This year we had 2 new athletes Jonah STRICKLAND & Elizabeth TANNOUS join our ranks & both fit in very well with our group. We also welcomed a new helper Calvin SU who has been of great assistance to our training sessions. Also we were very happy to welcome back Jonathan YUNG & Victor LI after a long absence. Every Tuesday our athletes enjoy training, socialising & having fun.

Assistant Coach Peter SPARSIS has introduced some more new exciting exercise drills that the athletes find challenging, enjoyable & their skills have improved.

Thanks

Michael, Anne & Peter SPARSIS

## CRICKET

The RSAC program is a partnership between RSAC and BDCC (Bankstown District Cricket Club). Recreation, Sports and Aquatics Club (RSAC) is a Bankstown-based organisation that provides sport, recreation, social activities and opportunities for people with a disability. Crucially, Bankstown Sports Club is the major financial supporter of both RSAC and BDCC. Together, BDCC and RSAC have been formally and jointly delivering this program into its 6th year together, after being sporadic in operation for many years prior.

This program is the only known formal training program in NSW that runs almost all year round - every second Sunday from 9am to 11am - for cricketers with a disability - ie most other programs train/play in summer only.

The program also has formal affiliations with Special Olympics Cricket NSW/ACT and NSW Intellectual Disability Cricket - which provides playing and elite pathways for our players. Our group of cricketers travel to play to Bowral, Canberra and other regional centres under the auspices of Special Olympics.

Our RSAC players do not get modified drills unless they are needed. So, a typical session of 2 (two) hours will usually involve warm-ups - where players may jog around the oval or they will perform a series of stretches and other activities to warm-up (eg. running sideways down the pitch and so on).

Then we may have specific skill sessions run concurrently with three or four volunteer coaches (all of whom are qualified with Cricket Australia) - with players batting against a ball machine, others bowling at specific targets (to teach correct line and length) and another group doing fielding and throwing drills where they chase a ball and have to throw and hit the stumps. For most drills, we use proper, hard cricket balls as they would use in a match.

Towards the end of the session, we often have a cricket game where the skills learnt can be practised in a game situation and so help players experience the pressure of match situations.

During 2018, one of our players' parents - Bruce Andrews (also a volunteer coach with us) - arranged for Jodie Davis, the former Australian Women's cricket player and former coach of the Pakistan Women's Cricket team to come to a session to train the players. Other elite women cricketers also attended with Jodie and it was an excellent session for everyone - including the BBQ afterwards.

This cricket program serves a myriad purposes for the athletes. Firstly, the program provides them with very specific skills training in a game they enjoy playing. Secondly, it provides a clear pathway to representative opportunities for those who like to pursue more competitive and higher-skilled playing. Thirdly, it provides them physical and mental stimulation and challenges - most of which they rise to admirably. Fourthly, it provides players with a social and supportive atmosphere amongst other cricketers - where they can meet and make new friends and finally it teaches them how to learn to - which on one hand involves making mistakes and on the other, achieving great things for themselves. These have an immensely positive impact on players' self-esteem and dedication to succeed at their own level.

Also in 2018, Matt Clifton was appointed the NSW Coach for NSW Intellectual Disability Cricket and took the NSW team to the Inclusive Cricket Nationals in Victoria in January 2019.

At this tournament, the NSW Blind Cricket Team (who also train at Bankstown) won the National championship again and we heartily congratulate Mark Eschbank and the whole group.

David Clifton and Matt Clifton



# TREASURER'S REPORT 2018/2019

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Our Club has weathered the current economic downturn relatively well and the fundamentals of our financial position are sound. We have \$206,321 invested in term deposit accounts which holds us in good stead in terms of cash flow. Our regular income stream is more reliable now because many of our members have access to NDIS funding which enables us to sign service agreements with them as required by NDIS terms of funding. This in turn helps our members to access our services on a more regular basis which has increased our “participation rates” as highlighted on the Participation Statistics page in this report.

The main features of our everyday finances are highlighted in the table below.

ITEM	TOTAL FOR YEAR	INCREASE OR DECREASE
Sports Fees and Income	\$129,604	Increased by \$34,418
Outreach and Social	\$50,090	Increased by \$18,833
Membership Fees	\$8,880	Increased by \$644
Grant Income	\$48,125	Decreased by \$43,138
Fundraising Income	\$30,151	Decreased by \$3,818
Sports Expenses	\$38,517	Increase of \$651

While our grant funding has been reduced by almost 50%, this has been balanced by an increase in income from our “core activities” of “Sports Fees and Income” and “Outreach and Social”. We have kept our expenses in relation to our core activities under tight control and they have increased only marginally. The future financial position of this club will be highly dependent on how our core activities perform in terms of revenue generation. Our Board is currently drawing up plans to expand these activities as noted in our President’s Report.

I commend this report to you and encourage you to be actively involved in the promotion of our activities.

Leon Sugrim  
Honorary Treasurer.

## FINANCIAL STATEMENTS FOR THE YEAR

**RECREATION SPORTS & AQUATICS CLUB INC.**

**ABN 59 726 089 873**

*Financial Statements for the Year Ended 30 June 2019*

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### STATEMENT BY MEMBERS OF THE COMMITTEE

In the opinion of the Committee of Recreation Sports & Aquatics Club:

1. The financial statements, comprising the statement of income, statement of financial position, statement of cash flows, statement of changes in equity, and accompanying notes, are in accordance with the Australian Charities and Not-for-profits Commission Act 2012 and:

comply with Australian Accounting Standards – Reduced Disclosure Requirements and the Australian Charities and Not-for-profits Commission Regulations 2013; and

give a true and fair view of the Association's financial position as at 30 June 2019 and of its performance for the year ended on that date.

2. At the date of this statement, there are reasonable grounds to believe that the Association will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by:



President



Treasurer

Dated this 12<sup>th</sup> day of November 2019

**STATEMENT OF FINANCIAL POSITION  
AS AT 30 JUNE 2019**

		<b>2019</b>	<b>2018</b>
		<b>\$</b>	<b>\$</b>
<b>CURRENT ASSETS</b>			
Cash on Hand and at Bank		72,212	24,513
Investments	2	206,321	196,648
Accounts Receivable	3	52,546	32,837
Accrued Income		659	561
Stock		2,182	2,363
Prepayments		<u>126,044</u>	<u>17,905</u>
<b>TOTAL CURRENT ASSETS</b>		<b>459,964</b>	<b>274,827</b>
<b>NON-CURRENT ASSETS</b>			
Fixed Assets	4	<u>7,357</u>	<u>14,713</u>
		7,357	14,713
<b>TOTAL ASSETS</b>		<b><u>467,321</u></b>	<b><u>289,540</u></b>
<b>CURRENT LIABILITIES</b>			
Payables	5	271,581	100,792
Tax Liabilities	6	-	-
<b>TOTAL CURRENT LIABILITIES</b>		<b><u>271,581</u></b>	<b><u>100,792</u></b>
<b>NON CURRENT LIABILITIES</b>			
Provision for Long Service Leave		34,595	29,711
<b>TOTAL LIABILITIES</b>		<b><u>306,176</u></b>	<b><u>130,503</u></b>
<b>NET ASSETS</b>		<b><u>161,145</u></b>	<b><u>159,037</u></b>
<b>ACCUMULATED FUNDS</b>	7	<b><u>161,145</u></b>	<b><u>159,037</u></b>

**INCOME STATEMENT  
FOR THE YEAR ENDED 30 JUNE 2018**

	Note	2019 \$	2018 \$
<b>REVENUES FROM ORDINARY ACTIVITIES</b>			
Membership Fees		8,880	8,235
Donations & Grants		59,934	122,473
Fundraising		30,151	33,970
Program Income		254,318	204,426
Interest Received		3,736	3,963
Other Income		30,274	18,612
<b>TOTAL REVENUE</b>		<u>387,293</u>	<u>391,679</u>
<b>EXPENSES FROM ORDINARY ACTIVITIES</b>			
Cost of Goods Sold		655	2,607
Fundraising Expenses		4,587	5,278
Bad Debts Written Off		1,207	603
Depreciation		7,357	7,357
Employee costs		187,322	140,596
Auditors Remuneration		2,000	2,000
Interest Expense		-	-
Cost of services provided		141,666	156,628
Other Operating Expenses		40,391	26,814
<b>Total Expenses</b>		<u>385,185</u>	<u>341,884</u>
<b>Operating profit/(loss)</b>		<u>2,108</u>	<u>49,795</u>

**STATEMENT OF CHANGES IN EQUITY**

	2019 \$	2018 \$
<b>ACCUMULATED FUNDS</b>		
Accumulated funds brought forward	159,037	109,242
Operating Profit for the year	2,108	49,795
<b>Accumulated funds at end of year</b>	<u>161,145</u>	<u>159,037</u>

**STATEMENT OF CASH FLOW  
FOR THE YEAR ENDED 30 JUNE 2019**

	2019 \$	2018 \$
<b>Cash Flows from Operating Activities:</b>		
Interest Received	3,638	4,271
Other Income Received	363,848	360,987
Payments to Suppliers & Employees	<u>(310,114)</u>	<u>(337,925)</u>
<b>Net Cash Provided By Operating Activities</b>	<u>57,372</u>	<u>27,333</u>
<b>Cash Flows from Investing Activities:</b>		
Investment in Term Deposits	(9,673)	(24,228)
Redemption of Term Deposits	-	-
Purchase of Fixed Assets	-	(19,800)
<b>Net Cash Provided By Investing Activities</b>	<u>(9,673)</u>	<u>(44,028)</u>
Net increase (Decrease) in Cash Held	47,699	(16,695)
Cash as at 30 June 2018	<u>24,513</u>	<u>41,208</u>
<b>Cash as at 30 June 2019</b>	<u>72,212</u>	<u>24,513</u>
<b>Reconciliation of Net Cash Provided By Operating Activities to Operating Profit</b>		
Operating Surplus (Deficit)	2,108	49,795
Depreciation	7,357	7,357
Decrease/(Increase) in debtors & receivables	(19,808)	(26,421)
Decrease/(Increase) in prepayments	(108,139)	(897)
Increase in other creditors and unearned income	175,673	(3,675)
Decrease/(Increase) in Stock	181	1,174
<b>Net Cash provided by Operating Activities</b>	<u>57,372</u>	<u>27,333</u>

## NOTES TO THE FINANCIAL STATEMENTS

### 1. ACCOUNTING POLICIES

The accounts have been prepared in accordance with Australian Accounting Standards and on the basis of historical costs. The financial statements are general purpose financial statements. The Association is a not for profit entity.

The following is a summary of the material accounting policies:

**a) Employees Benefits and Long Service Leave**

The Association provides for annual leave and sick leave for permanent employees. Long Service Leave is provided for after the completion of five years' service.

**b) Inventory**

Inventory is measured at the lower of cost or net realisable value.

**c) Income Tax**

Recreation Sports & Aquatic Club is exempt from income tax under S23(e) of the Income Tax Assessment Act, as a registered charitable organisation.

**d) Income from Grants and Donations**

When money is received as a donation with no conditions attached it is recognised as income immediately. Where money is received for a particular purpose or project, it is recognised as income at the point where the specified project or purpose is completed. If the project is incomplete at balance date, any relevant grant is treated as unearned income on a pro-rata basis to the degree of completion of the project.

**e) Fixed Assets**

Fixed assets are being depreciated over 3 years.

	2019	2018
	\$	\$
<b>2. INVESTMENTS</b>		
Term Deposits at Westpac	206,321	196,648
All deposits mature within 12 months		
<b>3. ACCOUNTS RECEIVABLE</b>		
Trade Debtors	45,453	26,520
Other Debtors	7,093	6,317
	52,546	32,837

	<b>2019</b>	<b>2018</b>
	<b>\$</b>	<b>\$</b>
<b>4. FIXED ASSETS</b>		
Office Equipment	2,270	2,270
Provision for Depreciation	<u>(1,513)</u>	<u>(757)</u>
	757	1,513
Trailers	19,800	19,800
Provision for Depreciation	<u>(13,200)</u>	<u>(6,600)</u>
	6,600	13,200
	<u>7,357</u>	<u>14,713</u>
<b>5. PAYABLES</b>		
Accrued Expenses	10,016	12,066
Unexpended Grants	24,370	21,395
Deposits for events	210,985	45,100
Provisions for staff leave	<u>26,210</u>	<u>22,231</u>
	<u>271,581</u>	<u>100,792</u>
<b>6. TAXATION LIABILITIES</b>		
GST Payable	<u>-</u>	<u>-</u>
<b>7. ACCUMULATED FUNDS</b>		
Accumulated funds brought forward	159,037	109,242
Operating Profit for the year	<u>2,108</u>	<u>49,795</u>
<b>Accumulated funds at end of year</b>	<u>161,145</u>	<u>159,037</u>
<b>8. RELATED PARTY TRANSACTIONS</b>		

The directors of Recreation Sports & Aquatics Club during the year were:

Robert Beer	George Zakia	Lee Boueri
Paul Pearson	Vanessa Fone	
Leon Sugrim	Susan Stojanoski	

Directors of the Association did not receive any remuneration from the Association,

There were no transactions between the Association and any of its directors or with any organisation in which director(s) held a substantial financial interest.

**9. AUDITORS REMUNERATION**

Audit of the Financial Report	2,000	2,000
Other Services	-	-
	<u>2,000</u>	<u>2,000</u>

The Auditor has donated his fee back to the Association.

**10. FUTURE LEASE COMMITMENTS**

Operating Leases for Plant & Equipment		
Due within 1 year	-	2,520
Due within 1-2 years	-	-
Due within 2-5 years	-	-
	<u>-</u>	<u>2,520</u>

**10. FINANCIAL RISK MANAGEMENT**

The Club manages its liquidity risk by ensuring it has sufficient cash to meet at least three months of expenses. Cash holdings are held with Westpac.  
The Club regularly monitors its financial position to ensure it is not incurring expenses in excess of the levels of revenue being generated



# AUDITORS REPORT



**Thomas McMurray**  
**Chartered Accountant**  
**ABN 87 193 160 068**

## INDEPENDENT AUDITOR'S REPORT

To the members of Recreation Sports & Aquatics Club Inc

I have audited the financial statements being Statement of Financial Position, Income Statement, Cash Flow Statement and Notes to and forming part of the financial statements, of Recreation Sports & Aquatics Club Inc for the year ended 30 June 2019.

In my opinion, the financial statements of Recreation Sports & Aquatics Club Inc have been drawn up in accordance with Div 60 of the Australian Not-for-profits Commission Act 2012, including:

- a. giving a true and fair view of the financial position of the Association as at 30 June 2019 and of the results of the operations of the Association for the year ended 30 June 2019; and
- b. are in accordance with Australian Accounting Standards – Reduced Disclosure Requirements and the Australian Charities and Not-for Profits Commission Regulation 2013.

The Committee members of the Association are responsible for the preparation and presentation of the financial statements to give a true and fair view in accordance with Australian Accounting Standards Reduced Disclosure Requirements and the ACNC Act 2012 and for such internal controls as the Committee members deem necessary to enable the preparation of the financial report that gives a true and fair view and is free from material mis-statement.

My audit has been conducted in accordance with Australian Auditing Standards to provide reasonable assurance as to whether the financial statements are free of material misstatement. The procedures included examination, on a test basis, of evidence supporting the amounts and other disclosure in the financial statements, and the evaluation of accounting policies and significant accounting estimates. These procedures have been undertaken to form an opinion as to whether, in all material respects, the financial statements are presented fairly in accordance with Australian Accounting Standards and other mandatory professional reporting requirements so as to present a view of the Association which is consistent with my understanding of the Association's financial position and the results of its operations.

The audit opinion expressed in this report has been formed on the above basis.

I have communicated with the Committee Members regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that I identified during my audit.

In conducting my audit, I have complied with all of the independence requirements of the ACNC Act 2012 and the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110: Code of Ethics for Professional Accountants.

**Thomas McMurray**  
Chartered Accountant

13 November 2019 Blacktown

Liability limited by a scheme approved under Professional Standards Legislation

# HOW YOU CAN HELP

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## BECOME A MEMBER

### RSAC PARTICIPATION MEMBERSHIP

Includes participant and registered family members cost to be approved at AGM each year. Fees are per calendar year (including from October for the first year). This must be paid by March each year to participate. (Consideration for time to pay may be granted on request).

Fee per calendar year as set at each AGM.

### RSAC Corporate Sponsorship

Bespoke packages can be developed for corporate sponsorship to meet the requirements of corporate partners.

A corporate sponsorship package would include acknowledgement in media, Annual Report, website and newsletters, invitation to attend functions and events and the opportunity to partner at such events.

Suggested Tax Deductible donation of \$5000.

## VOLUNTEER YOUR TIME

Volunteers are always welcome and very much needed, both on a regular basis and for one off events. Put your name down to help RSAC any way you like. Many hands...

RSAC is run almost entirely by volunteers which means that funds raised can be directed to providing great services for our members and essential administration costs.

RSAC participants are encouraged to help out when they can. Your presence can add greatly to RSAC's ability to get the word out.

## MAKE A DONATION

Regular donations are appreciated, or you can become a Supporter Family. One off donations, whether for a specific cause or general support for RSAC, are always welcome.

## LEAVE A BEQUEST

A bequest in your will to Recreation Sports and Aquatics Club is a way of acknowledging your appreciation of RSAC's work. Your legacy will be recognised and remembered.

## HOST AN EVENT WITH RSAC AS BENEFICIARY

- Small or large, wine tasting, bbq or morning tea, or your idea
- We can help.

## SUPPORT AN EVENT OR FUNDRAISING ACTIVITY

- Support an event by attending, helping out, providing prizes
- Get on an organising committee for a big event – it's FUN and you don't need to join a board to work on an event committee.
- Help spread the word and promote an event
- Bring a friend or two
- Encourage volunteers from among your friends, family or workplace

## BECOME A CORPORATE PARTNER

- Take out a Corporate Sponsorship Package
- Support a specific event financially
- Help spread the word or promote an event through your organisation both internally and externally
- Encourage volunteers; provide an incentive program

## OTHER WAYS YOU CAN HELP OUR CAUSE

- Spread the word about the opportunities RSAC provides
- Tell people about your experience with RSAC
  - Invite people to come along and try our programs and offer to help when you can



# Recreation Sports and Aquatics Club

Helping people with disability live their best lives.



RSAC provides leisure activities for people with disability and support for carers

**BUT more than that!**

We are a community that includes people with disability, carers, friends and families.

We work together to make RSAC work and become friends and confidants, peers and family.

United for one aim:

to be inclusive and supportive one to another, provide quality services and activities and to be a valuable community for people with disability and their circle of support.